

BODY SAFETY AUSTRALIA

**SUPER
STARS**
BODY SAFETY AUSTRALIA

Child Sexual Abuse Prevention Parent Carer Workshop

This **two-hour** practical workshop empowers families with safety tools that can be used within the home, school and community. Body Safety Australia is committed to partnering with families and communities to **prevent childhood sexual abuse** and to support children in enjoying healthy, respectful relationships now and in the future. Our workshops for parents and carers aim to inform you of what your child will be learning with us and how you can **keep the conversation going at home**.

The workshop will cover:

Childhood sexual abuse: the risk, myths and misconceptions

Ten key areas of body safety

Identifying grooming behaviours

Age-appropriate play

Digital technology, grooming and abuse prevention

Practical body safety strategies to use at home

Supporting the at-risk child, including self-care



At least **1 in 10** children will experience childhood sexual abuse before they turn 15



Only **10%** of young people have a positive result from disclosing their abuse



2 children a week disclose abuse to our highly qualified education team

We have a strong commitment to provide all communities with body safety education that celebrates children of all socio-economic status, religions, abilities, sexualities, gender identities, cultures, and/or family structure.

Body Safety Australia acknowledges and pays respect to the past, present, and future Traditional Custodians and Elders of this nation and the continuation of cultural, spiritual, and educational practices of Aboriginal and Torres Strait Islander peoples. We acknowledge that sovereignty has never been ceded.

Always was, always will be, Aboriginal land.

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